

Hisarya – Diocletianopolis



STUNNING VARIETY OF ROMAN RELICS

Hisarya – or Diocletianopolis in Roman times – was founded by the Roman emperor Diocletian because of its precious mineral springs. The town offers an impressive variety of Roman relics with the fortification wall being the most striking one. 2327 m long and up to 11 m high, it is the best-preserved one in Europe. Many other Roman ruins are spread around the town, e.g. a thermal bath and an amphitheatre.

EXTRAORDINARY MULTITUDE OF SPRINGS

22 mineral water springs with different characteristics and temperature are nature's gift to Hisarya. Their healing effects are used to cure a vast number of ailments. The healing water is applied to both drinking cures and baths. Enjoy the healing and relaxing effects of Hisarya's unique mineral waters during a stay in Spa Hotel Hissar offering a huge variety of medical and wellness treatments.





PLEASANT CLIMATE AND BEAUTIFUL NATURE

Thanks to its location in central Bulgaria Hisarya benefits from a mild and pleasant climate with an average of 280 sun days a year. Hisarya's numerous parks and gardens full of venerable trees and thousands of plants and flowers invite to long and relaxing strolls. Its region is famous for the tasteful grapes and wines – a culinary invitation wanting to be enjoyed with all senses.

PLOVDIV – EUROPE'S OLDEST CITY

Plovdiv – Bulgaria's second biggest and one of the world's oldest cities – is only a stone's throw away from Hisarya. The Roman theatre, stadium and forum are only three of the city's numerous relics from Roman times. Dive into the Roman history with a trip to Plovdiv and discover its beautiful surrounding nature. Plovdiv has been chosen as European Capital of Culture 2019.





Roman Thermal Spas of Europe

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Healing thermal spa experience in beautiful Hisarya

Hisarya is a historical town in central Bulgaria, 45 km north of Plovdiv and 165 km south-east of Sofia. It has a pleasant climate and warm mineral water springs. The SPA Center in Hissar Spa Hotel has state-of-the-art modules for relaxation and care for body and soul. The 42°C warm mineral water from "Parilkite" spring is one of the best-quality sources with a proven healing effect and is used for drinking cures and hydrotherapy.

Thermal Spa Packages	from € 42
Use of wellness center (heated pool, hot benches, Kneipp walk, ice room, adventure showers, cold showers, infrared sauna and Roman bath), swimming pool (seasonally), gym Price in €/night/deluxe room/breakfast/pp 1.431.10.2015 Twin € 42, single € 75	
Thermal Wellness Empire Diocletian Package from € 173 3 nights, breakfast	
 3 treatmens for the whole period of stay: Aroma-therapy massage (40'), classical massage (15'), mineral bath "Fountain of life" (30') Use of wellness center (heated pool, hot benches, Kneipp walk, ice room, adventure showers, cold showers, infrared sauna and Roman bath), swimming pool (seasonally), gym 	
Price in €/3 nights/deluxe room/breakfast/pp 1.431.10.2015 Tr	win € 173, single € 274
Hissar Health Package 6 nights, breakfast, 5 day balneological program	from € 390
 Initial medical examination 15 medical treatments on prescription by doctor, e.g. mineral water bath (hydro- and ozonetherapy), electric treatment (low or high frequency or magnetic treatment), mud treatment. Use of wellness center (heated pool, hot benches, Kneipp walk, ice room, adventure showers, cold showers, infrared sauna and Roman bath), swimming pool (seasonally), gym 	
Price in €/6 nights/deluxe room/breakfast/pp 1.431.10.2015 Tv	vin € 390, single € 592

Booking request via

FIT Reisen Frankfurt, Germany Tel.: +49 (0)69 40 5885-85, Fax: -901 info@fitreisen.de · www.fitreisen.de www.roman-thermal-spas.eu



Hissar Spa Hotel 1 Gen. Gourko Blvd. Hisarya, Bulgaria marketing@hotelhissar.com Tel.: +359 337 627-81, Fax: -84 Contact person: Mr. Nikolay Krushivski

Where to stay

Spa Hotel Hissar****

Located in one of the most beautiful parks of Hisarya. Two restaurants, bars, indoor and outdoor thermal pools, tennis, billiard, fitness center. Two wings, one with 106 standard rooms, one with 60 deluxe rooms with bath or shower, hair dryer, air conditioning, mini bar, LCD cable TV, Wi-Fi and balcony.

Spa Center with doctors, physiotherapy, radar/mud/paraffin applications, Ayurvedic therapies, aroma-/algotherapy, hydromassage. Use of Wellness



Center (for deluxe room guests) with heated mineral pool, hot benches, Kneipp walk, ice room, adventure showers, cold showers, infrared sauna, Roman bath.

Good to know

Culture tips for your stay: Hisarya: "Lily of the Valley" park or "Orpheus dol" park, archeological reserves with ancient fortress wall, tomb, thermal baths and amphitheatre, Rila monastery (235 km), Karlovo (26 km), Plovdiv (40 km), Sofia (165 km)

Languages Spoken: Bulgarian, English, Russian, German



How to get to Hisarya

By Airplane: International airports: Sofia (SOF) appr. 165 km. Further airports: Plovdiv (PDV) appr. 40 km, Gorna Orjachowiza (GOZ) appr. 195 km, Burgas (BOJ) appr. 260 km, Kavala (KVA) appr. 250km Bulgaria Hisarya

By car: highway A1/E80, exit Hisarya, Route 64 and Rote 642 until Hisarya

Transfer service from Sofia airport: \in 130 (route/car). Other airports transfer service on request.

Indications: Arthritis and rheumatism · Osteoporosis · Peripheral nervous system · Digestive system · Ulcer of the stomach · Chronic pancreatitis · Chronic colitis · Chronic hepatitis Reimbursement: Contact your health insurance for a cost contribution/reimbursement