



Chaves – Aquae Flaviae



THE GLORIOUS CITY OF "AQUAE FLAVIAE"

Chaves – named Aquae Flaviae in Roman times – was due to its hot thermal springs and its location at the crossroads of three important roads a major city in Roman times. The well-preserved Roman Bridge is still an impressive evidence of its glory. Excavated in 2009, the ruins of the Roman bath can be visited now. A museum with a collection of Roman relics completes the experience of diving into Roman times.

CHAVES THERMAL SPA

In Roman times Chaves was a preferred destination to recover bodies and souls in the hot thermal water. Still today, Chaves Thermal Spa is using it for a wide range of treatments for many ailments. Relax and recharge your batteries with a wellness treatment in the modern thermal bath and enjoy a spa experience whose healing and relaxing effects have been appreciated for more than 2,000 years.

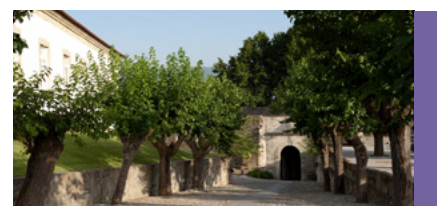


CHAVES – RICH IN CULTURE

Beside its rich Roman heritage, Chaves is blessed with a variety of historic monuments from other eras. Discover the medieval castle, two 17th century forts and several churches in different architectural styles. After having visited the historic sights don't miss to enjoy a stroll through one of Chaves' beautiful parks.

EXCELLENT LOCATION FOR DAY TRIPS

Its location in the very north of Portugal does not only create a pleasant climate in Chaves but also offers the possibility for great day trips. The famous city of Porto can be reached in around an hour. The Spanish city Santiago de Compostela – dream destination for millions of pilgrims from around the world – is a popular day trip for guests of Chaves.





Chaves Thermal Spa in Chaves, Portugal



A source of life, health & well-being

Chaves, a beautiful city with lots of nature and hot waters, is located in the north of Portugal, 140 km north-east of Porto and 10 km from the Spanish border. With 76°C the hot water springs of Chaves Thermal Spa are among the hottest in Europe and have a positive impact on many diseases. The treatments are highly efficient in tackling stress symptoms. Chaves Spa promotes the health of its customers with the permanent accompaniment by doctors and physiotherapists.

Thermal Spa Packages in Chaves Thermal Spa



Health Thermal Package 10 days program

A) Respiratory System

Price per person € 241*

- Medical consultation
- Complete inhalation:
10 steam inhalations
10 nasal irrigations
10 sonics aerosols
- 10 vichy shower massages

B) Musculoskeletal System Diseases

Price per person € 443*

- Medical consultation
- 10 hydromassages
- 10 bertholet spine column
- 10 jet or circular shower
- 10 vichy shower massage

Thermal Antistress Package

Day program

- Sauna or Turkish bath
- Chromotherapy
- Immersion bath in bathtub with hydromassage
- General massage
- Vichy shower

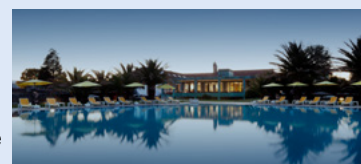
Price per person € 98*

* This price does not include accommodation

Where to stay

Historical Hotel Forte de S. Francisco****

17th century monument, located 500 m from Termas de Chaves, 58 inviting and quiet rooms with a timeless and elegant style. All Premium Rooms with air condition, Wi-Fi, TV, minibar, safe. Health & spa area. Rates include: use of pool, tennis court, free access to Health Club: gym, sauna, jacuzzi.



Price in €/2 nights/breakfast/Premium room/pp

A: Twin/single € 167/238 - (extension night) + € 45/80

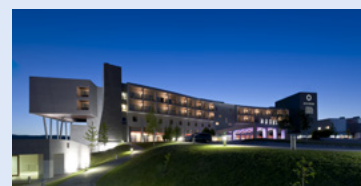
B: Twin/single € 193/288 - (extension night) + € 58/105

C: Twin/single € 205/313 - (extension night) + € 64/118

A 1.1.-30.6.15 / 15.9.15-31.1.16; **B** 1.7.-31.7.15 / 1.9.-15.9.15; **C** 1.8.-31.8.15

Modern Hotel Casino Chaves****

Luxury hotel with view over the city (appr. 5 km) and great nature. All 72 comfortable rooms have mountain or city view, TV, air condition, Wi-Fi, minibar, safe and balcony or terrace. Modern health and spa area. Rates include 1 glass of Oporto wine, use of pools, gym, sauna, jacuzzi, Turkish bath, free access to the casino.



Price in €/2 nights/breakfast/pp

1.1.-30.12.15: Twin/Single € 116/169 - (extension night) + € 39/56

2 nights rates in both hotels include use of 2 thermal practices from Revigorating (sauna or turkish bath + immersion in pool or bath with hydromassage) or Beauty (chromotherapy + body moisturizing) or Body (immersion bath with hydromassage + Vichy shower) in Chaves Thermal Spa. Bus shuttle for guests of Hotel Casino Chaves.

Good to know

Culture tips for your stay: Roman baths, Nadir Afonso Museum, Roman Bridge, Chaves Castle, churches, thematic museums. Bird watching in Albufeira do Azibo Ecopark (84 km) and other nature parks. Porto (150 km). Spain: Verin (27 km), Santiago de Compostela (192 km)

Languages spoken: English, French, Spanish

Booking request via

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www.roman-thermal-spas.eu



Chaves Termas & Spa

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How to get to Chaves

By airplane: International Airports: Portugal: Porto (OPO) appr.140 km, Lissabon (LIS) appr. 430 km; Further airports: Braganca (BGC) appr. 100 km. Spain: Santiago de Compostela (SCQ) appr. 205 km, Vigo (VGO) appr. 180 km, Madrid (MAD) appr. 460 km

Transfer: We recommend to rent a car, Individual transfer on request

Indications: e.g. Rheumatic/muskuloskeletal diseases · Diseases of the digestive system · Chronic and allergic diseases of the respiratory system

Reimbursement: Contact your health insurance for a cost contribution/reimbursement

