



Budapest – Aquincum



WELL PRESERVED ROMAN HERITAGE



In 89 AD the Romans founded the military camp of Aquincum, where the later emperor Hadrian served as proconsul. Dive back into Roman times in “Aquincum Museum and Ruin Gardens” where you can find many well-preserved Roman ruins like an Amphitheatre. It shows monumental statues, impressive mosaics and the best-preserved organ from antiquity. Not far from the ruins of “Thermae Maiores” thermal baths.

LIVING SPA HISTORY

Hungary’s capital is famous for its spa culture and offers many architecturally extraordinary thermal baths from different eras. Gellért Bath is a beautiful art nouveau bath from the early 20th century. One of the city’s biggest thermal baths is the palace-like Széchenyi bath. Don’t wonder if you see people playing chess in the thermal pools – this is one of the inhabitants’ favourite hobbies.



BIGGEST THERMAL SPA IN EUROPE



Budapest is not only the biggest thermal spa in Europe but also the only one, which is a country’s capital. Its 120 thermal springs build Budapest’s reputation as “City of Spas”. Enjoy a soothing medical wellness treatment in the luxurious Danubius Health Spa Resort Margitsziget beautifully located on Margaret Island in river Danube. Aquaworld Resort offers many exciting waterslides but also relaxing wellness treatments.

BUZZING METROPOLIS

The neo-Gothic parliament building, Buda Castle and Saint Stephen’s Basilica are only three of Budapest’s world-class sights. Go for stroll along the Danube riverside, cross one of the nine bridges and enjoy the unique panorama of this buzzing metropolis.





Budapest, Hungary



Culture & historical Thermal baths in Budapest, Hungary

Budapest, the capital of Hungary, is the perfect destination to combine a rich cultural experience with medical or wellness treatments. The healing thermal waters improve health and well-being. Nature has been especially generous with Hungary: It has one of the richest geothermal and medicinal water resources in the world. The local culture of bathing goes back 2000 years. Excavated remains demonstrate that the Romans discovered and exploited these thermal water resources.

Aquaworld Resort Budapest****



Family-oriented wellness resort and one of the biggest Water Amusement Parks in Europe situated in a beautiful park in northern Budapest. 309 rooms, fully air-conditioned, modern facilities, Sat-TV (pay TV included), Wi-Fi, some with balcony and hill view. 3 restaurants, vegetarian and

other diets optional. 3 Bars. Oriental Spa with wellness and bathing area, 4 thermal baths, sauna world, fitness room. Beauty, dental clinic and sports facilities. Aquaworld Budapest with direct connection to the hotel. **Rates include:** Welcome-drink, use of Oriental Spa, Aquaworld bathing and sauna facilities, bath robe.

Price in €/night (min. of 2 nights)/half board/pp

1.11.-28.3./8.11.-22.12.15	Twin € 77, single € 117
29.3.-2.4./7.4.-27.6./30.8.-7.11.15	Twin € 87, single € 137
28.6.-22.7./27.7.-29.8./23.12.-30.12.15	Twin € 99, single € 162
3.4.-6.4./23.7.-26.7./31.12.-1.1.16.15	Twin € 119, single € 182

Anti-Stress Package*

7 days program

- Personal training, consultation
- 1x face, neck and décolleté massage 30'
- 6x group class (e.g. stretching, Yoga, aerobic)
- 1x sport massage 20'
- 1x Deluxe personalized facial treatment 60'
- Body treatment (peeling and massage)
- 1x Watsu treatment 50'
- 1x natural bio facial treatment 60'
- 1x lava stone massage 60'
- 1x Shea butter rituals 50'

* This package can only be booked in combination with accommodation in Aqua World Resort Budapest

Price per person € 305*

Danubius Health Spa Resort Margitsziget****



Spa hotel in the heart of Budapest, on a Danube island in a romantic park. 267 non-smoking rooms with river or park view and balcony, air conditioning Jun-Sep, Wi-Fi. Restaurant, optional calorie reduced, diet and vegetarian menus. Health Spa & wellness center, indoor thermal pools, sauna, steam bath,

aroma room. Salt Cave, Fitness Club with panoramic view. Beauty, dental and eye clinic. Rates include: Use of spa facilities, sauna, steam bath, aroma chamber, Danubius Premier Fitness Club, bathrobe. Group exercises (Mon-Sat): Aqua jogging, aerobics, step, Pilates, Yoga, from 7 nights: welcome cocktail, 1x weekly coffee and cake.

Price in €/night/half board/double room/pp

1.3.-31.3./1.11.-29.12.15	1-6 nights: € 71 / from 7 nights: € 60
1.4.-25.4./21.6.-31.8./19.10.-31.10.15	1-6 nights: € 83 / from 7 nights: € 71
26.4.-20.6./1.9.-18.10.15	1-6 nights: € 90 / from 7 nights: € 77

Supplement single use on request.

Thermal Health & Wellness Package*

6 day program

- Initial examination and cardiology consultation
- 10 treatments prescribed by a doctor: e.g. mud packing, electrotherapy, oxygen-therapy, hydrotherapy, balneo-therapy, medical massage.

* This package can only be booked in combination with accommodation in Danubius Health Spa Resort Margitsziget

Price per person € 180*

Good to know

Our culture tip: "The Roman Heritage" - Budapest Bike Tour: Discover the glorious past of the Roman Empire. The tour takes you to the most important sights like the ruins of Aquincum, the Thermae Maiores, the Northern Civilian Amphitheatre, an ancient Aqeduct and much more. Price: € 35 pp. (drink included), duration: 3.5 hours (1.5.-30.10.)
Booking: www.budabike.com

Languages spoken: English, German

How to get to Budapest:

By airplane: International airport: Budapest (BUD)

By train: Train station Budapest Keleti

Transfer Aquaworld/Margitsziget:

From train station € 30/15 per car (1-3 persons).

From airport € 22 per car (1-3 persons),

Minibus Airport Shuttle from € 30/20 per car (4 persons)/route (upon request).

Indications: e.g. Rheumatism · Joint pains · Polyarthritits · Spondylosis · Cardiovascular diseases etc.

Reimbursement: Contact your health insurance for a cost contribution/reimbursement



Booking request via

FIT REISEN Frankfurt, Germany

Tel.: +49 (0)69 40 5885-85, Fax: -901

info@fitreisen.de · www.fitreisen.de

www.roman-thermal-spas.eu

Aquaworld Resort Budapest****

Íves út 16, H-1044 Budapest, Hungary

Tel.: +36 (1) 2313 628

aniko.nagy@aquaworldresort.hu

Contact Person: Nagy Anikó

Danubius Health Spa Resort Margitsziget ****

1007, Budapest, Hungary

Tel.: +36 (1) 889 4752

msz.reservation@danubius-hotels.com

